

Friends of the Trees Botanicals

Dried Herbs in Stock - December 16, 2009

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Friends of the Trees Society

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Our 2009 herb production was up this year, compared to 2008, mainly due to the fact that our Tonasket planting is in its 2nd year and this increased our yields and the numbers of botanicals we could supply. Wildcrafted herbs is about 1/3 of our production. We only dried a moderate amount of herbs this year, due to the press of shipping increased volumes of fresh herbs. I had a few short-term interns and helping hands off and on this season, but had to do about 90% of the farming, wildcrafting, shipping, processing, etc. If I can get some good help or partners, next year, we could increase production substantially.

2010 BLACK COHOSH

We will have hundreds of pounds of black cohosh (*Cimicifuga racemosa*) root available next spring (I still refuse to call it *Actaea racemosa*). The major source is a 5-year-old planting which has been semi-abandoned after it was first established. No, or little, irrigation, weeding, care, etc. Similar to what is called "woods-grown". They are big healthy plants.

2010 Sale. Hood River Root and Propagation material.

It looks like we will be digging up a lot of our Hood River planting this next spring. Roots include: Black cohosh, Culver's root (*Veronicastrum virginicum*), horseradish, comfrey, Joe-Pye weed, (*Eupatorium purpureum*), Sweetflag (*Acorus calamus*). There will also be vegetative propagation material for these and many other species. (Inquire if you want the propagation material list).

SEEDS. I have been growing, harvesting and cleaning seeds commercially for many years. This year I increased seed production substantially. Let me know if you want a seed list.

Besides the herbs, seeds and propagation material businesses I have been growing crops of vegetables and berries the last two years. Never a dull moment.

If you buy all of any herb with amounts of less than 5 # you pay the 5 # price rate

			1-4# price	5# + price	25# + price
4 # Alfalfa	<i>Medicago sativa</i>	Herb	18.00	16.00	
4 # Arnica, Heart-leaved	<i>Arnica cordifolia</i>	Flowers	40.00	30.00	
2 # Arnica, Heart-leaved	<i>Arnica cordifolia</i>	Aerial in bloom	24.00	20.00	
6 # Balsamorhiza	<i>Balsamorhiza sagitata</i>	Roots	18.00	14.00	
10 # Belladonna	<i>Atropa belladonna</i>	Aerial plant	30.00	25.00	
2 # Black walnut	<i>Juglans nigra</i>	Green hulls	18.00	15.00	
18 # Blessed Thistle	<i>Cnicus benedictus</i>	Aerial plant in bloom	19.00	14.00	
2.5 # Boneset	<i>Eupatorium perfoliatum</i>	Aerial herb in flower	22.00	19.00	
14 # Bugleweed	<i>Lycopus americanus</i>	Flowering tops	15.00	12.00	
60 # Burdock	<i>Arctium minor</i>	Seed	30.00	25.00	
2 # Butterbur	<i>Petasites palmatus</i>	Roots	23.00	18.00	
5 # Catnip	<i>Nepeta cataria</i>	Tops	16.00	14.00	
2 # Clary Sage	<i>Salvia sclarea</i>	Aerial	20.00	15.00	

2 # Comfrey	Symphytum x uplandicum	Roots	14.00	12.00	
12 # Cottonwood	Populus trichocarpa	Buds	30.00	24.00	
3 # Goldenrod	Solidago Canadensisflowering tops	18.00	15.00	
10 # Hawthorn	Crataegus douglasii	Fruit	19.00	16.50	
14 # Holy Basil	Ocimum sanctum	Flowering tops	28.00	22.00	
24 # Hyssop	Hyssopus officinalis	Flowering tops	17.00	14.00	
3 # Larch, Western	Larix occidentalis	Bark	19.00	14.00	
2 # Lemon Balm	Melissa officinalis	Aerial	20.00	17.00	
40 # Lomatium	Lomatium dissectum	Roots	20.00	16.00	14.00
25 # Motherwort	Leonurus cardiaca	Flowering tops	22.00	16.00	14.00
10 # Mugwort	Artemisia vulgaris	Top 8 inches	15.00	13.00	
10 # Nettles	Urtica dioica	Seed	35.00	30.00	
10 # Oats	Avena sativa	Seed in the milk stage	15.00	12.00	
30 # Oatstraw w/ milky oats	Avena sativa	Stems w/ seed in milk stage	9.00	6.50	5.50
30 # Oregon-Grape	Mahonia aquifolium	Roots	16.00	13.00	11.00
5 # Oregon-Grape	Mahonia nervosa	Roots	18.00	12.00	
5 # Pipsissewa	Chimaphila umbellata	Whole plant w/root	20.00	18.00	
1.5 # Red Clover	Trifolium pratense	Flowers	37.00	34.00	
8 # Red Root	Ceanothus velutinus	Roots	24.00	20.00	
8 # Redroot	Ceanothus velutinus	Leaves	18.00	14.00	
2.5 # Rue	Ruta graveolens	Aerial plant	14.00	11.00	
3 # Sage	Salvia officinalis	Leaves	18.00	16.00	
3 # Skullcap	Scutellaria lateriflora	Flowering tops	25.00	22.00	
13 # Spilanthes	Spilanthes oleracea	Aerial	18.00	14.00	
10 # St. John's Wort	Hypericum perforatum	Flowering tops	19.00	17.00	
2 # Toadflax,	Linaria vulgaris	Aerial in bloom	18.00	14.00	
4 # Thyme	Thymus vulgaris	Herb	17.00	15.00	
2 # Turkey Rhubarb,	Rheum palmatum tanguticum	Roots	18.00	14.00	
1 # Wild Lettuce	Lactuca serriola	Aerial plant	12.00	10.00	
2 # Wormwood	Artemisia absinthium	Aerial	18.00	16.00	
2 # Yellow Dock	Rumex crispus	Roots	14.00	11.00	
3 # Yew	Taxus brevifolia	Foliage	20.00	18.00	

410 # of dried botanicals in stock.

FRESH ROOTS

will have a lot of fresh root available in the spring.

Balsamroot
 Black Cohosh
 Burdock
 Butterbur
 Comfrey
 Gromwell
 Horseradish
 Joe-Pye Weed
 Lomatium
 Marshmallow
 Nettle
 Oregon Grape
 Sweetflag
 Turkey Rhubarb
 Yellow Dock

WINTER WILDCRAFTING, In the winter is when I supply the following fresh botanicals.

Cottonwood buds
 Devil's club rootbark

Lungwort lichen

Usnea lichen

Oregon grape root, *Mahonia nervosa*

Licorice Fern, *Polypodium glycyrrhiza*